

EXHIBIT A

To : Angie Lopez

From : Wyman Guy

RE: DR. visit information.

Any questions please call (302)764-7654

Pgs. 9

Guy, Wyman

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12:21 PM

Discharge Instructions from:

Steven Kushner, M.D. / Matthew Hay, PA-C MH1118353
Christiana Care Health Services - Wilmington Hospital

Christiana Hospital, 4755 Ogletown-Stanton Rd, Newark, DE 302-733-1000
Wilmington Hospital, 14th & Washington St, Wilmington, DE 302-733-1000

CONTINUE YOUR CURRENT MEDICATIONS AS PRESCRIBED BY YOUR PRIVATE PHYSICIAN(S) UNLESS OTHERWISE INSTRUCTED BY YOUR EMERGENCY DEPARTMENT PROVIDER HERE TODAY.

TOOTHACHE/DENTAL ABSCESS:

Toothache is usually caused by tooth decay as a result of poor dental care. The treatment in the Emergency Department is usually pain medicine. Often an abscess is present which requires antibiotics and may need surgical drainage.

It is very important for you to realize that your treatment in the Emergency Department is a temporary measure, and is not a substitute for seeing a dentist. You should contact your dentist as soon as possible for follow-up. Regular visits to your dentist are necessary if you wish to keep your teeth throughout your lifetime.

Area Dental Services:

Dental Office - Wilmington Hospital.....428-4850

Open MON through FRI 8AM-4PM

Note: A \$40.00 fee will be required at time of visit. Cash or credit card accepted. Further fees based on income. Limited emergency appointments available, MUST CALL 1ST!

Delaware Technical & Community College.....571-5364

2nd & Shipley Streets, MON-THUR 8AM to 4PM

\$70.00 for extraction; \$150 for fillings. Other services

provided; dental cleaning, and x-rays. Must qualify for services under their "Limited Income Program" so need to bring proof of income and most recent tax return.

Limited emergency services by appointment only...MUST CALL!

*No root canals, wisdom teeth extraction, crown or dentures.

DeLaWarr Dental.....577-2973

500 Rogers Rd, New Castle, DE (ages 3-20 with Medicaid)

Hudson Center.....368-6668

501 Ogletown Rd, Newark (ages 3-20 with Medicaid, living in Newark)

Miastry of Caring.....594-9476

1410 North Claymont, Wilmington (No Emergencies)

Open MON through FRI 8AM-4PM

Fee structure; 50% discount on services if annual income is less than \$14,000. Limited emergency help via intake facility
Samaritan Outreach....must call 594-9476

Porter Center.....577-3404

511 West 8th Street, Wilmington (ages 8-18 with Medicaid)

Must live in 19804 or 19805 school district or zip code to qualify for services. Open MON through FRI 8:30AM-3PM.

---- Instructions are continued on next page. ----

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West Side Health Services.....302-655-5822
1802 West 4th Street, Wilmington, Open M-F 8AM-5PM
Sliding scale fees for services based on income. Must bring
\$45.00 for 1st appointment and proof of income.

Saltz Dental Center.....800-523-7230
616 Avenue of the States, Chester, PA

Pierre Toussaint Dental Office.....302-652-8947
830 Spruce Street, Wilmington DE
Hours Monday through Friday 8AM-4PM
Adults ages 19-64
Charge for extractions \$87, based on income, bring proof of
income and photo ID. Appointments-NO, intake between 9-3PM.

Henrietta Johnson.....302-655-6190
601 New Castle Avenue, Open Monday through Thursday
Sliding scale fees based on income. Must bring \$50.00
for first visit and proof of income.

Nemours Clinic.....302-651-4406
1801 Rockland Rd Wilmington DE
Open Monday through Friday 8AM-4:30PM
Age 65 and over only Delaware Resident and US citizen
Services for those with income less than \$12,500 for single
person or \$17,125 or less for couple.

*** YOU MAY ALSO CHECK IN YOUR PHONE DIRECTORY-YELLOW PAGES ***

NOTIFY YOUR DOCTOR OR DENTIST or return here in case of the following:

- Increased swelling of the face or gums.
- Increasing pain.
- Fever.

RX: IBUPROFEN 800 MG TABLETS Disp: # 24 / 0

Directions: 1 tablet 3 times daily for pain, fever, or inflammation - Used for inflammation (especially arthritis) and relief of pain. - Take regularly unless used for mild pain. It can take 1-2 weeks to be effective in arthritis. - Try taking with food if it causes stomach upset. - Can cause gastrointestinal bleeding. - Other common side effects - dizziness, rash.

RX: PENICILLIN VK 500 MG TABS Disp: QS for 10 days. / 0

Directions: 1 tablet 4 times daily for infection - Antibiotic - needs to be taken regularly until finished. - Be sure to take the full number of doses every day. If you forget, catch up with the dose schedule, even if you have to take 2 doses at once. - Common side effects - allergic symptoms of rash, itching, or breathing difficulty, or gastrointestinal upset. - If this medicine upsets your stomach, try taking it with food or milk.

RX: VICODIN 5MG Disp: 16(sixteen) / 0

Directions: 1 every 4-6 hours as needed for pain - Narcotic - usually used for relief of pain or cough. - Causes drowsiness. - Narcotics are habit-forming. They should not be used on a regular basis, and you should not increase the dosage without your doctor's advice. - YOU SHOULD NOT DRIVE or operate heavy machinery while taking narcotic medication due to the drowsiness often caused. - Other

---- Instructions are continued on next page. ----

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common side effects - gastrointestinal upset, constipation, dizziness, allergic symptoms of rash, itching or breathing difficulty.

FOLLOW UP INSTRUCTIONS: Wilmington Hosp Dental Office

Call the above providers (above phone numbers) today or as soon as possible. Let the office know that you were seen in the Emergency Department and that you were told to call the office to arrange a follow-up visit.

Wilmington Hosp Dental Office (\$10 for office visits)

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I understand any medication given to me to take home must be kept out of the reach of children
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I understand that the treatment I have received was rendered on an emergency basis only and that further treatment may be necessary. I have been given a copy of the above instructions. I understand these instructions; and I will arrange for follow-up care as outlined above. If my condition worsens, I will call my doctor or return to the Emergency Department.

(Signature)

Circle One: PATIENT PARENT SPOUSE RELATIVE FRIEND GUARDIAN

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Please take these instructions with you to your next doctors office visit whether it be your primary care doctor or a any specialist you are scheduled to see.
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PHYSICAL REFERRAL: If you need assistance obtaining a local physician or dentist you may call the "Christiana Care Referral Service" help line at 302-428-4100.
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Guy, WymanThu Jul 31, 2008 Page 1
6:42 PMDischarge Instructions from Ross Megargel, DO., FACEP.
Christiania Care Health Services - Wilmington HospitalChristiania Hospital, 4755 Ogletown-Stanton Rd, Newark, DE 302-733-1000
Wilmington Hospital, 14th & Washington St, Wilmington, DE 302-733-1000**CONTINUE YOUR CURRENT MEDICATIONS AS PRESCRIBED BY YOUR PRIVATE PHYSICIAN(S) UNLESS OTHERWISE INSTRUCTED BY YOUR EMERGENCY DEPARTMENT PROVIDER HERE TODAY.****DIAGNOSIS:** Caries, dental

Toothache

TOOTHACHE/DENTAL ABSCESS:

Toothache is usually caused by tooth decay as a result of poor dental care. The treatment in the Emergency Department is usually pain medicine. Often an abscess is present which requires antibiotics and may need surgical drainage.

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*No root canals, wisdom teeth extraction, crown or dentures.

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- Increased swelling of the face or gums.
- Increasing pain.
- Fever.

RX: PERCOCEP 5.0/325 MG Disp: (S)-eight / 0

Directions: 1 tablet every 6 hours for severe

 pain not relieved by Ibuprofen. - Narcotic - usually used for relief of pain or cough. - Causes
 drowsiness. - Narcotics are habit-forming. They should not be used on a regular basis, and you
 should not increase the dosage without your doctor's advice. - YOU SHOULD NOT DRIVE or
 operate heavy machinery while taking narcotic medication due to the drowsiness often caused. - Other
 common side effects - gastrointestinal upset, constipation, dizziness, allergic symptoms of rash,
 itching or breathing difficulty.

SYNCOPE:

Syncope or fainting is a common problem caused by not enough blood flow to the brain. There are
many possible reasons for fainting. It may be caused by internal bleeding or an irregular heartbeat.
Many other diseases of the heart and circulation cause fainting. Other causes can include; poor
nutrition, diseases of the central nervous system, medications, low blood sugar, or dehydration.
Sometimes acute illnesses such as viral infections also result in fainting or severe dizziness.

---- Instructions are continued on next page. ----

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Vasovagal syncope can occur in healthy persons for a number of reasons. Examples are the sight of blood, pain, hearing unexpected news, or standing up too quickly after sitting for a period of time.

The actual cause of a fainting spell is often very hard to tell. In some cases, particularly in the elderly, hospital admission may be needed for continued observation. Your evaluation today indicates that a serious cause is not likely. You need to follow-up with your doctor if this happens again or if other symptoms develop. For now, you should stay at rest for 1-2 days, or until you feel well.

NOTIFY YOUR DOCTOR or return here in case of the following:

- Reoccurrence of fainting or severe dizziness.
- Chest pain or discomfort of any kind, or irregular heartbeat.
- Abdominal or back pain that is worsening or changing in location.
- Prolonged or high fever.
- Severe or worsening headache.
- Change in mental status - too sleepy, confused, short of breath, irritable, slurred speech, weakness, or difficulty walking.
- Repeated vomiting or inability to retain fluids.

FOLLOW UP INSTRUCTIONS: Your Doctor

Call Your Doctor today or as soon as possible. Let the office know that you were seen in the Emergency Department and that you were told to call the office to arrange a follow-up visit.

FOLLOW UP INSTRUCTIONS: Office: Dental

Call Office: Dental (428-4850) today or as soon as possible. Let the office know that you were seen in the Emergency Department and that you were told to call the office to arrange a follow-up visit.

Office: Dental 2nd Floor (above the ER) - Wilmington Hospital

OTHER INSTRUCTIONS:

Continue taking motrin and penicillin as prescribed.

I understand any medication given to me to take home must be kept out of the reach of children

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